

*The Good Shepherd Church*  
*Park Road Loughborough*  
*January Focus 2017*

Please see the reverse for Services, meetings and other events.

So now 2017 has arrived! January: is it time for a diet, a new regime of rest, fun, and healthy living? There is something about New Years' isn't there and their ability to suggest to us that new resolutions are required. But do we give in – give in to the suggestions – are we going to plan better, eat better, live better? Maybe you'll try and fail; or perhaps just decide not to even try this year?

There are lots of occasions in the Bible where new things begin, just as there are in our lives, new relationships, new journeys, new ideas and new ideals. Jesus spends much of his 3 years of ministry trying to encourage his close friends, followers and the crowds, that his new way of being was worth trying because it was good for all people. But not everyone understood this; there was fear, scepticism, and simple disbelief just as much as the whole-hearted embracing of the new 'revolution' by some!

New Year always seems to me to be a time for looking forward and embracing the future, but always remembering where we have come from and the lessons we have learnt along the way. Sometimes that seems really easy and some years it really isn't, but in my experience, it's always been worth a try. I hope that in this New Year we will find lots of opportunities to do 'new' things and to be 'new' people whatever that might mean for each of us. And the first opportunity might be to join me on the RESOLVE course. It's a four-session course for anyone who wants to explore how to look after yourself, strengthen your mind, inspire your soul and deepen your relationships. We're starting on 12 January at 7.30pm at Church and the sessions will last about an hour and half. So, what might you RESOLVE?

Paul wrote to the Corinthian Church, that 'anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!' (2 Corinthians 6.17) He was trying to help them understand their new way of life following Jesus; I often remind myself that even so close to the time when Jesus was physically walking the earth, people found it really difficult to follow him, and it's a great relief on the days when being a disciple feels incredibly tough.

So, at the beginning of 2017:

Will I think once again about my diet, my rest, my relaxation, my discipleship journey – Yes!

Will I change things, I hope so!

Will I continue to trust Jesus to help me in it all – yes – will you?

**A very happy and blessed 2017 everyone!**

*For Further Information please contact our Vicar*

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# January 2017 News, Views and Calendar

## Church Services in January Every Sunday Morning

**8am**

Holy Communion Traditional Prayer Book  
(BCP)

### 10am Services

Jan 1<sup>st</sup> Morning Worship  
Jan 8<sup>th</sup> Holy Communion and Sunday Club  
Jan 15<sup>th</sup> Holy Communion & Sunday Club  
Jan 22<sup>nd</sup> Morning Worship  
Jan 29<sup>th</sup> Holy Communion & Sunday Club

### Sunday Prayer Meeting

January 15<sup>th</sup> 4pm

### Every Wednesday Morning

**9.30am**

Holy Communion (said)



### Week of Prayer for Christian Unity

There will be a united Service at Emmanuel Church on 22<sup>nd</sup> January at 6.30pm.

## Home Groups

### Thursday Ladies' study group

2-3.30pm Please contact Jackie for details 01509 212207. New members Welcome.

### Tuesday Group 8pm (1<sup>st</sup> & 3<sup>rd</sup> Tuesdays)

8 Freesia Close.



### Christian Aid Lunch

January 29<sup>th</sup> will be at Emmanuel Church Loughborough at 12.30pm.



The next Messy Church Will be on 28<sup>th</sup> January 4.30 pm

### Resolve Course

Commences 12<sup>th</sup> January 7.30 pm for 4 weeks

**Stage Group Rehearsals every Wednesday 7.30pm**

### Toddler Group

Meets every Friday Morning 10am - 11.30am.

**Wednesday Friendly meets at 2.30pm**

January 11<sup>th</sup>  
January 18<sup>th</sup>  
**January 25<sup>th</sup> NO MEETING**

## What is a Senior Citizen?

A Senior Citizen is one who was here before the pill, television, frozen food, contact lenses, credit cards and before man walked on the moon.

For us, "Time Sharing" meant togetherness, not holiday homes, and a "Chip" meant a piece of wood "Hardware" meant nuts and bolts and "Software" wasn't even a word.

We got married first then lived together and thought cleavage was something butchers did. A "Stud" was something that fastened a collar to a shirt, and "Going All The Way" meant staying on a double decker to the bus depot.

We thought "Fast Food" was what you ate in Lent, a "Big Mac" was an oversized raincoat and "Crumpet" we had for tea.

In our day; "Grass" was mown, "Pot" was something you cooked in, "Coke" was kept in the coal house and a "Joint" was cooked on Sundays!

We are today's Senior Citizens a hardy bunch when you think how the world has changed!

